

# Winter/Spring POOL SCHEDULE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 am – Noon Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 7:30 am Lap Swim	7 – 9:00 am Lap Swim
Noon – 4:45 pm Open Swim	8:30 – 10:30 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:30 am Open Swim ----- 10:00 – 10:30 am 3 year old Preschool	8:30 – 10:30 am Open Swim ----- 10:00 – 10:30 am 4 year old Preschool	8:30 – 10:30 am 1/2 Open Swim 1/2 Lap Swim	7:30 – 8:30 am 1/2 Open Swim 1/2 Lap Swim	9:00 - 11:00 am Swim Lessons
	10:30 – 11:30 am Water Exercise I ----- Water Exercise Deep Water	10:30 – 11:30 am Aqua Zumba ----- Water Exercise Deep Water	10:30 – 11:30 am Water Exercise II ----- Water Exercise Deep Water	10:30 – 11:30 am Water Exercise I ----- Water Exercise Deep Water	8:30 – 9:30 am Aqua Zumba	11:00 - Noon Aqua Zumba
	11:30 am – 1:30 pm Lap Swim	11:30 am–1:30 pm Lap Swim	11:30am–1:30pm Lap Swim	11:30 am–1:30 pm Lap Swim	9:30 am–11:30 am Open Swim	12–2:00 pm Lap Swim
	1:30 PM – 4:00 pm Open Swim	1:30 – 3:00 pm Open Swim	1:30 – 4:00 pm Open Swim	1:30 – 3:30 pm Open Swim	11:30 – 1:30 pm Lap Swim	2:00–4:30 pm Open Swim
		3:00 – 4:00 pm After School Care		3:30 – 6:00 pm Swim Lessons	1:30 – 4:00 pm Open Swim	4:30 - 5:30 pm Challenger Swim
	4:00 – 6:30 pm Swim Team	4:00 – 6:30 pm Swim Team	4:00 – 6:00 pm Swim Team	6:00 – 6:30 pm Open Swim	4:00 – 6:30 pm Swim Team	
	6:30 – 7:30 pm Aqua Zumba	6:30 – 7:30 pm Aqua Fit	6:00 – 8:00 pm Youth Lessons	6:30 – 7:30 pm Aqua Fit	6:30 – 7:30 pm Lap Swim	
	7:30 – 8:15 pm Open Swim	7:30 – 8:15 pm Open Swim		7:30 – 8:15 pm Open Swim		
	8:15 – 9:15 pm Lap Swim	8:15 – 9:15 pm Lap Swim	8:00 – 9:15 pm Musselman Prep	8:15 – 9:15 pm Lap Swim	7:30 – 9:15 pm Open Swim	

## AQUATIC EXERCISE SCHEDULE

### Monday

10:30 am - 11:30 am - Water Exercise I  
 10:30 am - 11:30 am - Water Exercise Deep Water  
 6:30 pm - 7:30 pm - Aqua Zumba

### Tuesday

10:30 am - 11:30 am - Water Exercise 1  
 10:30 am - 11:30 am - Water Exercise Deep Water  
 6:30 pm - 7:30 pm - Aqua Fit

### Wednesday

10:30 am - 11:30 am - Water Exercise II & Deep Wa-

## AQUATIC EXERCISE SCHEDULE

### Thursday

10:30 am - 11:30 am - Water Exercise I  
 10:30 am - 11:30 am - Water Exercise Deep Water  
 6:30 pm - 7:30 pm - Aqua Fit

### Friday

8:30 am - 9:30 am - Aqua Zumba

### Saturday

8:00 am - 9:00 am - Aqua Zumba

### \* School Vacation Days & Half Days\*

Please Note that the Pool will be reserved for our Afterschool Care Program from 1:30 - 3:00 pm on the following dates:

Christmas - 12/26/11 thru 1/2/12  
 MLK Day - 1/16/12  
 Presidents Week - 2/20/12 thru 2/24/12  
 Spring Break - 4/6/12 thru 4/15/12

1/2 Day - 2/3/12  
 1/2 Day - 3/19/12  
 1/2 Day - 6/6/12  
 1/2 Days - 6/18/12 - 6/21/12